

Hazelwood Healthy Active Living Center


5344 Second Avenue
Pittsburgh, PA 15207
412-422-6549



Eric Schiller-Center Director
Keith and Val-Rec. Leaders
Center Hours: 8-4 Mon-Fri

OCTOBER, 2018

DAILY ACTIVITIES: WII GAMES, POOL, DARTS, TABLETS, CHESS CLUB, FANTAN

| Mon | Tue | Wed | Thu | Fri |
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| 1 CCAC Nutrition Class 1-2pm Craft Class 11-12 Art of Darts 2pm | 2 *History of Music: "12:00-1:00" Bingo 12:30-3:30 | 3 UHC 'Medicare Made Clear' Q&A 12-1pm Advisory Council Meeting 11AM | 4 VSA Lower Body Conditioning 10:30-11:15 CCAC Healthy Cooking 1-3pm | 5 "Together we Tech" 10:30-11:30am Bingo 12:30-3:30 |
| 8 CCAC Nutrition Class 1-2pm Craft Class 11-1pm Art of Darts 2pm | 9 Squirrel Hill Rehab Presentation 11:00am Bingo 12:30-3:30 | 10 Ask the Nurse/w UPMC 10-12pm CCAC Arts & Crafts Class 2-4pm Bowling League 1-3 | 11 SOARS 10-2 CCAC Healthy Cooking 1-3pm | 12 Tech Class 11-12 Bingo 12:30-3:30 |
| 15 Craft Class 11-1pm Art of Darts 2pm | 16 "Advanced Planning 101" w/ Lisa Johnson 10:30am Bingo 12:30-3:30 | 17 Music Appreciation 12:00-1:00 Bowling League 1-3 | 18 VSA Lower Body Conditioning 10:30-11:15 Friendly Auction w/ Dorothy 12pm | 19 Relaxation Talk 11AM Bingo 12:30-3:30 |
| 22 Music Appreciation 12:00-1:00 Craft Class 11-1pm Art of Darts 2pm | 23 Nutrition Education 11:30-12:00PM Bingo 12:30-3:30 | 24 Walmart/Dollar Tree City Van Bowling League 1-3 | 25 Birthday Lunch 12-1pm Wii Bowling Tournament 1-3pm/Away | 26 *History of Music: "12:00-1:00" Tech Class 11-12 Bingo 12:30-4pm |
| 29 Craft Class 11-12 Art of Darts Challenge Series (Home) 1-3pm | 30 AAA/DHS 5th Annual Conference Bingo 12:30-3:30 | 31 Halloween Festival w/ Propel Schools 10am Bowling League 1-3 |  | |
| COME VISIT US ON HEALTHY FRIDAY | | | | |