

HOMewood HEALTHY
ACTIVE LIVING CENTER
7321 Frankstown Avenue
Pittsburgh 15208
(412) 244-4190



Melinda McCormick/ Director
Myron Pennix/ Rec. Leader 1
Bernard Johnson/ Assistant PT
Frances Sumpter/ Assistant PT



JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Homewood Center Funded in Part by ACDHS/AAA</i></p>	<p>NEW YEAR'S EVE</p>	<p>1 <i>Happy New Year</i> CENTER CLOSED</p>	<p>2 LINE DANCE 10-12 Ceramics MOVE YOUR BODY 10:30</p>	<p>3 KNIT & CROCHET 10-12 POKENO 9:30-11 BINGO 1:00 Ceramics MOVE YOUR BODY 10:30</p>	<p>4 Ceramics TABLET TIME 9:30 Ceramics</p>	<p>Martin Luther King Celebration Monday 14th</p> 
<p><i>Hoagie Fundraiser Sale From 7th To 25th See Advisory Member for Sale</i></p>	<p>7 MOVE YOUR BODY 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>8 LINE DANCE 10-12 Ceramics</p>	<p>9 KNIT & CROCHET 10-12 LINE DANCE 10-12 Ceramics MOVE YOUR BODY 10:30</p>	<p>10 KNIT & CROCHET 10-12 POKENO 9:30-11 BINGO 1:00 Ceramics MOVE YOUR BODY 10:30</p>	<p>11 Ceramics TABLET TIME 9:30 WAL*MART 11:30 Ceramics</p>	
<p><i>All center Activities & Trips Are Subject to Change</i></p>	<p>14 MOVE YOUR BODY 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>15 LINE DANCE 10-12 Ceramics</p>	<p>16 MOVE YOUR BODY 10:30 KNIT & CROCHET 10-12 LINE DANCE 10-12 Ceramics</p>	<p>17 KNIT & CROCHET 10-12 POKENO 9:30-11 BINGO 1:00 Ceramics MOVE YOUR BODY 10:30</p>	<p>18 Ceramics TABLET TIME 9:30 GOLDEN CORRAL 11:30 Ceramics</p>	
<p><i>Lunch Served @ Noon .50 cents & Up Donation</i></p>	<p>21 Martin Luther King Jr Day  Center Closed</p>	<p>22 LINE DANCE 10-12 Ceramics</p>	<p>23 KNIT & CROCHET 10-12 LINE DANCE 10-12 Ceramics MOVE YOUR BODY 10:30</p>	<p>24 KNIT & CROCHET 10-12 POKENO 9:30-11 BINGO 1:00 Ceramics MOVE YOUR BODY 10:30</p>	<p>25 Ceramics TABLET TIME 9:30 Ceramics Pat Catans 11:30</p>	
<p><i>Health: Ask The Nurse Blood Pressure</i></p>	<p>28 MOVE YOUR BODY 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>29 LINE DANCE 10-12 Ceramics</p>	<p>30 KNIT & CROCHET 10-12 LINE DANCE 10-12 Ceramics MOVE YOUR BODY 10:30</p>	<p>31 KNIT & CROCHET 10-12 POKENO 9:30-11 BINGO 1:00 Ceramics MOVE YOUR BODY 10:30</p>	<p>LET GO of the OLD, take hold of the New & believe that this year will be your Best Year Yet! Joel Osteen WWW.LIVELIFEHAPPY.COM</p>	