

Morningside Healthy Active Living center

6944 President Way, Pittsburgh, PA 15206 Phone 412-665-4342 Fax 412-665-4333

Hours of Operation: Monday - Friday 8 am - 4 pm Lunch Served at Noon

Center Director - Roberta Jones Recreation Leaders - David Washington & Janice King

JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CLOSED	2 10-11:30 WII BOWLING LEAGUE 10-3 HAND & FOOT TOURNAMENT	3 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS 1-3 YOUNG @ HEART BINGO	4 1-3 BINGO 
				
7 10:30 ADVISORY COUNCIL MEETING WITH NEW COUNCIL 6:30-8 GENTLE YOGA W/LEAH	8 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS	9 10-11:30 WII BOWLING LEAGUE 11 DINING OUT - RICCO'S	10 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS 1-3 YOUNG @ HEART BINGO	11 1-3 BINGO 
14 11-1 WALMART 	15 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS	16 10-11:30 WII BOWLING LEAGUE 10-3 HAND & FOOT PICK UP	17 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS 1-3 YOUNG @ HEART BINGO	18 1-3 BINGO 
21 CLOSED 	22 <u>FIRST DAY AT NEW CENTER</u> 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS	23 10-11:30 WII BOWLING LEAGUE 11-2 RED, WHITE, & BLUE	24 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS 1-3 YOUNG @ HEART BINGO	25 1-3 BINGO 
28 11-1 ALDI 	29 10:15-11:45 RHYMIC MOVEMENT 1-3 CARDS	30 10-11:30 WII BOWLING LEAGUE 	31 2:30 <u>TENTATIVE RIBBON CUTTING WITH THE MAYOR FOR THE NEW CENTER</u>	

Daily Activities Include: TV, Reading Materials, Darts, Rummikub, Wii Games, Exercise Equipment

TABLETS ARE AVAILABLE FOR USE ANYTIME! SIGN ONE OUT TODAY AND USE THE FREE WIFI

Suggested Voluntary Donation of 50 Cents for Meals

Meals are Funded by the Allegheny County Department of Human Services/Area Agency on Aging

