






SOUTHSIDE MARKET HOUSE HAL CENTER 49 S 12th Street **412-488-8404**

Katelyn Cooper, Director - Kristin Coyne, Rec.Leader FT - Tiffany Randall, Rec. 1 PT Agency: Citiparks

JANUARY 2019

LUNCH BEGINS AT 11:30 AM - \$.50 DONATION - CENTER HOURS: M-F 8:00AM- 4:00PM

MONDAY Tension Release Therapy 10:30-11:15	TUESDAY Pick Up Pickleball 9:00-11:30AM	WEDNESDAY Art Studio Classes 9:00-11:00AM	THURSDAY Pick Up Pickleball 9:00-11:30AM	FRIDAY
	1) CENTER CLOSED HAPPY NEW YEAR! 	2) Wii Bowling 12:00-1:00 FALL PREVENTION TAI CHI 12:30-1:30 	3) Jewelry Workshop for Beginners 9:00-11:00AM BINGO (Healthy Snack Day) 10:00-3:00 Chair Yoga 10:00-10:45AM	4) Olive Garden (OPT) 11:00AM-2:00PM POP-UP BINGO 2:00-4:00PM
7) DARTS PRACTICE 12:00-1:00 MUSIC WITH JUDY Piano 1-2:00; African Drums 2-3:00; Recorder 3-4:00	8) ADVISORY COUNCIL MEETING 10:30-11:30 OLD DARTS COMPETITION 12:00-2:00	9) CERAMICS PAINTING- \$1 10:00AM Walmart- Century III (OPT) 1:00-3:00PM Wii Bowling 12:00-1:00	10) Jewelry Workshop for Beginners 9:00-11:00AM BINGO 10:00-3:00 GROUP EMOTIONAL SUPPORT 10:30AM	11) RIVERS CASINO LUNCH (OPT) 11:00-4:00 NLSA Attorney (By Appointment)
14) Tech Time (Carnegie Library) 12:00-1:00PM MUSIC WITH JUDY Piano 1-2:00; African Drums 2-3:00; Recorder 3-4:00	15) OLD DARTS PRACTICE 12:00-2:00 GABES & OLLIES (OPT) 12:30-2:30PM	16) Wii Bowling 12:00-1:00 FALL PREVENTION TAI CHI 12:30-1:30 	17) Jewelry Workshop for Beginners 9:00-11:00AM BINGO 10:00-3:00 Chair Yoga 10:00-10:45AM	18) PANCAKE BREAKFAST 9:00-10:00AM SOUTH SIDE CINEMA (AFTERNOON) MOVIE TBD
21) CENTER CLOSED MARTIN LUTHER KING JR. DAY	22) PIZZA PARTY-\$1.50 1:00-4:00 POP-UP BINGO 2:00PM OLD DARTS COMPETITION 12:00-2:00	23) Walmart- Century III (OPT) 1:00-3:00PM Wii Bowling 12:00-1:00	24) Jewelry Workshop for Beginners 9:00-11:00AM BINGO 10:00-3:00	25) ARTFUL AGING RECEPTION (BEECHVIEW) 3:00-6:00
28) Tech Time (Carnegie Library) 12:00-1:00PM MUSIC WITH JUDY Piano 1-2:00; African Drums 2-3:00; Recorder 3-4:00	29) BIRTHDAY PARTY 11:00-1:00  OLD DARTS PRACTICE 12:00-2:00	30) RANDYLAND (OPT) 2:00-4:00 FALL PREVENTION TAI CHI 12:30-1:30	31) Jewelry Workshop for Beginners 9:00-11:00AM BINGO 10:00-3:00 (Donut Day)	