


October 2018

LUNCH IS SERVED AT 11:30

Hours of Operation: M-F 8-4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Bingo 12:00-3:30 Speaker Aging 10:30	2) 10:30 Womens Card Club Mystery Crochet Along 12:00	3) Bingo 12:00-3:30 CCAC Chair Exercise 1:30-2:30	4) Volunteer Appreciation Lunch!	5) 10:30 Womens Card Club Crafts 12:00 CCAC Boost your Brain Health 10:00-11:30
8) Bingo 12:00-3:30 Senior Justice with Cyndi Carioli 10:30	9) Mystery Crochet Along 12:00	10) Bingo 12:00-3:30	11) 11:30 Walking Lunch 12:30 Mens Card Club Council Meeting 10:00-11:00	12) CCAC Boost your Brain Health 10:00-11:30 Crafts 12:00
15) Bingo 12:00-3:30 Speaker Medication Safety 10:30	16) 10:30 Womens Card Club Mystery Crochet Along 12:00	17) Bingo 12:00-3:30 CCAC Chair Exercise 1:30-2:30	18) West End Health Fair! 10:00—12:30	19) <u>Hoagie Sale Ends!</u> 10:30 Womens Card Club Painting Class "Mountains" 12-2
22) Bingo 12:00-3:30 Dan Deasy State Rep 10:30	23) Mystery Crochet Along 12:00 What are Calories? With John 10:15	24) Bingo 12:00-3:30 CCAC Chair Exercise 1:30-2:30 Nutrition Links 11-11:30 <u>Hoagies Delivered</u> 1:00	25) 11:30 Walking Lunch 12:30 Mens Card Club Craft- Gourd Decorating 1:30	26) CCAC Boost your Brain Health 10:00-11:30 Crafts 12:00
29) Bingo 12:00-3:30 	30) Janoskis And Lunch 11:00 No Crochet Along	31) CCAC Chair Exercise 1:30-2:30 Gateway Blood Pressure 10:00	FALL BINGO FUNDRAISER 10/13 9:30-4:30	ADVISORY COUNCIL MEETING 10/11 10:00-11:00

