



ARLINGTON Recreation Center



CURRENT PROGRAM OFFERINGS

⇒ **Flag Football** **Ages 7-14 Co-Ed** **FREE**

Tuesdays & Thursdays—4:30 to 6 PM

September 24 through November 14, 2024: Learn the fundamentals of Flag Football. We will teach rules and work on coordination, mobility, speed and agility.

Registration Required—Register in person at Center

⇒ **Pickleball** **Ages 18+** **FREE**

Mondays —4 to 8 PM

September 9, 2024—Ongoing: A racquet sport combining elements of tennis, badminton & table tennis. Pick up play to start, league development once play is established.

⇒ **Arts 'n Crafts** **Ages 10+** **FREE**

Fridays—4 to 5 PM

September 27 through November 15, 2024

Teaching various techniques or art forms representing figures, objects, plans or sketches. Crafts will involve visualizing a solution to needs & goals. Painting will convey a message to viewers from the eyes of children.

⇒ **Fall Ball (Basketball League) Men 17+** **League Fee/Team**

Wednesdays & Thursdays—6, 7, & 8 PM

September 18th through November 9, 2024

8 Community Teams will compete in league games.

League Fees Covers Officials for all games.

Come out and root for your favorite team!

⇒ **Exercise Class** **18+** **FREE**

Tuesdays & Thursdays—11 AM to 1 PM

September 17 through November 14, 2024: Exercise to music. Also receive help working on the exercise equipment in the fitness room.

Fitness Membership is \$5/month and provides unlimited access to fitness equipment during regular Center hours.

2201 Salisbury Street

(Arlington)

Pittsburgh, PA 15210

412-488-8397

HOURS OF OPERATION

Mondays: 10 AM to 8 PM

Wednesdays: 10 AM to 10 PM

Tuesdays, Thursdays & Fridays:
10 AM to 6 PM



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CITIPARKS
RECREATION



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(Arlington)
Pittsburgh, PA 15210
412-488-8397**

HOURS OF OPERATION

Mondays: 10 AM to 8 PM
Wednesdays: 10 AM to 10 PM
Tuesdays, Thursdays & Fridays:
10 AM to 6 PM

CURRENT PROGRAM OFFERINGS

⇒ OPEN GYM TIMES

- ⇒ Mondays: 11 AM—4 PM
- ⇒ Tuesdays: 1—4 PM
- ⇒ Wednesdays: 2:30—6 PM
- ⇒ Thursdays: 1—4 PM
- ⇒ Fridays: 11 AM—6 PM

⇒ FITNESS/WEIGHT ROOM

- ⇒ Mondays—Fridays: 10 AM—8 PM
- ⇒ Saturdays: 10 AM—2 PM
- * Fitness Room is open to those 18 & older, 14+ & accompanied by parent/guardian.

FACILITY/PARK OFFERINGS

- ⇒ Full Court Gymnasium
- ⇒ Arlington Park
 - ⇒ Spray Park (Open Seasonally)
 - ⇒ Playground
 - ⇒ Basketball Court
 - ⇒ Arlington #1-Baseball



Fields and Courts can be permitted through the [Department of Public Works Permits Office](#).





CITIPARKS

RECREATION CENTERS

ARLINGTON REC CENTER OPEN HOUSE

Saturday, September 7, 2024

10 AM to 2 PM

2201 Salisbury Street, PGH 15210

Stop by for a visit and see what we have to offer the Community!

Refreshments will be served!

