



PAULSON Recreation Center



CURRENT PROGRAM OFFERINGS

⇒ **After School Learning Sessions** Ages: K-5th Grade (FREE)

Monday-Thursday: 4-5 PM

September 3—December 16, 2024—Join us for specialized homework help, co-curricular achievement & extra learning time. This program is concurrent with our KidSMART Club. Rec time included, after learning.

Registration Required—Stop by Center

⇒ **G.R.O.T.T.** Ages: K-5th Grade (FREE)

Wednesdays: 6-8 PM

September 9-December 16, 2024—An educational mentorship platform that provides critical thinking activities along with workshop & communications activities; using the fundamentals of chess to apply to life challenges & incorporating multilingual learning.

⇒ **Learning Life Basics** Ages: 10-18 years old (FREE)

Mondays: 6-7:30 PM

September 3-December 16, 2024—Discover the joys of cooking, gardening, sewing & more new life skills. Cook new dishes, plant a vegetable garden, make new friends & find new passions.

⇒ **Wellness & Weightlifting** Ages: 14-18 (\$5/month)

Tuesdays & Thursdays: 6-7:30 PM

\$5/month Fitness Membership needed

September 10-December 19, 2024—Grow you knowledge & muscles with this program. Covering proper form, nutrition, the body-brain connection & more. Taught by certified Athletic Trainer.

Registration Required—Stop by Center



**1201 Paulson Avenue
(Lincoln-Lemington-Belmar)**

**Pittsburgh, PA 15206
412-665-3627**

HOURS OF OPERATION

FALL/WINTER/SPRING:

Monday-Friday: 12 to 8 PM

Saturdays: 9 AM to 1 PM

AFTER SCHOOL FOOD PROGRAM

Snack—3-4 PM

Dinner—5-6 PM



**CITIPARKS
RECREATION**



PAULSON Recreation Center



**1201 Paulson Avenue
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Belmar)
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FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Indoor Gymnasium/Basketball Court
- ⇒ Nearby: Paulson Park (1300 Paulson Avenue)
 - ⇒ Playground
 - ⇒ Spray Park
 - ⇒ Basketball Court
 - ⇒ Paulson Field-Baseball

HOURS OF OPERATION

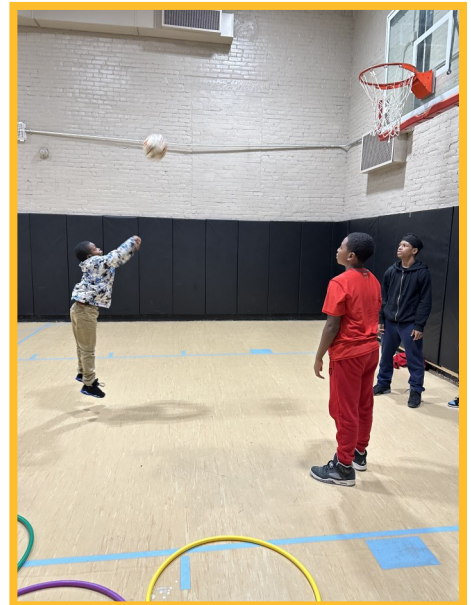
FALL/WINTER/SPRING:

Monday-Friday: 12 to 8 PM
Saturdays: 9 AM to 1 PM

AFTER SCHOOL FOOD PROGRAM

Snack—3-4 PM

Dinner—5-6 PM



**CITIPARKS
RECREATION**

PAULSON REC CENTER INVITES YOU TO

ICE CREAM SOCIAL



OPEN HOUSE

FREE
1201 PAULSON AVE.
PGH, PA 15206



SEPTEMBER 11
6-8 PM

CITIPARKS



CITIPARKS RECREATION

PAULSON REC CENTER

AFTER SCHOOL LEARNING SESSIONS

STARTS SEPTEMBER 3RD!

Monday-Thursday
4 - 6 PM
AGES 7-12

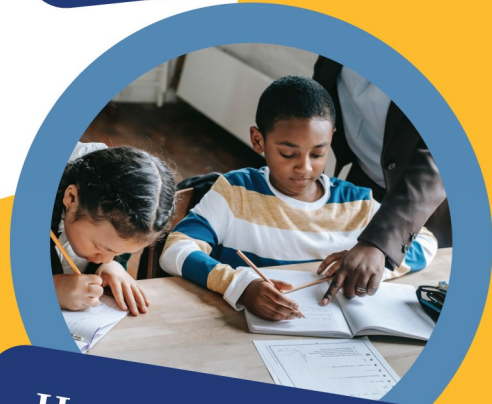
Learning Time: 4-5 PM
Open Gym Time: 5-6 PM

REGISTRATION REQUIRED
Stop by Center to Register

Specialized homework help for students, Access to free open gym time-post lessons; Academic & co-curricular achievement



Academic Achievement



Homework Help



Fun with Friends!

1201 PAULSON AVENUE 412-665-3627 william.wells@pittsburghpa.gov

Part of CitiParks



Ed Gainey, Mayor Kathryn Vargas, Director Therese Kail-Smith, Chairperson for the Committee on Urban Recreation

The City does not discriminate against anyone on the basis of race, color, religion, ancestry, national origin, place of birth, sexual orientation, familial status, age (40 & over), or non-disqualifying physical or mental disability, or any other basis protected by federal, state or local law.



CitiParks.net



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@citiparks

Join us for
**LEARNING
LIFE BASICS**

Discover the joys of cooking,
gardening, sewing, and many more
new life skills.

Register for FREE

September 9th- December 16

Mondays 6:00 pm-7:30 pm

All genders aged 10-18

Paulson Recreation Center
1201 Paulson Ave, Pittsburgh, PA

412-665-3627



Questions? Email:
margaret.buck@pittsburghpa.gov



CITIPARKS





JOIN US FOR WELLNESS & WEIGHTLIFTING

Grow your knowledge and your muscles with our wellness and weightlifting program.

September 9th-December 19th
6 PM - 7:30 PM

Tuesdays and Thursdays

All genders Age 14-18

\$5/Month Fitness Membership

Paulson Recreation Center

1201 Paulson Ave

412-665-3627

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