

Glen Hazel Healthy Active Living Center

David Washington; Ronald Herriot; Henry Mallory
 945 Roselle Ct.; Pittsburgh, PA 15207; 9:00 AM – 3:00 PM
 Pho: (412) 422-6554; Fax: (412) 422-6438



Daily Activities Include: Cards, Exercise Equipment, Darts, Puzzles, Volunteer Opportunities, Wii Games and Tech Support for Tablets, Computers and Smartphones (by Appointment)

March 2020

MON	TUE	WED	THU	FRI
2 Healthy Movement w/ Norma Jean 10:30-11:30 BINGO 12:30-3:30	3 Wii League 10:00-11:00 Exercise 11:00-11:30	4 Coffee Talk 10:00-11:00 BINGO 12:30-3:30 APPLEBEE'S (CITY VAN) 4:00-6:00	5 Wii League 10:00-11:00 Exercise 11:00-11:30	6 Coffee Talk 10:00-11:00 Walmart (City Van) 12:30-2:30
9 Coffee Talk 10:00-11:00 BINGO 12:30-3:30	10 Wii League 10:00-11:00 Exercise 11:00-11:30	11 Coffee Talk 10:00-11:00 BINGO 12:30-3:30	12 Advisory Council Meeting 10:00-11:00 Exercise 11:00-11:30	13 Coffee Talk 10:00-11:00 Exercise 11:00-11:30
16 Healthy Movement w/ Norma Jean 10:30-11:30 BINGO 12:30-3:30	 UPMC Ask the Nurse 11:00-12:00 Crafts w/ David 12:30-2:30	18 Heinz History Center (City Van) 10:00-2:00	19 Wii League 10:00-11:00 Casino (OPT) 11:00-3:00	20 Coffee Talk 10:00-11:00 Exercise 11:00-11:30
23 Coffee Talk 10:00-11:00 BINGO 12:30-3:30	24 Wii League 10:00-11:00 Exercise 11:00-11:30	25 Coffee Talk 10:00-11:00 BINGO 12:30-3:30	26 Wii League 10:00-11:00 Exercise 11:00-11:30	27 Coffee Talk 10:00-11:00 Birthday Celebration 12:30-2:00
30 Healthy Movement w/ Norma Jean 10:30-11:30 BINGO 12:30-3:30	31 Wii League 10:00-11:00 Exercise 11:00-11:30		"Hate is too great a burden to bear. It injures the hater more than it injures the hated." —Coretta Scott King	Lunch Served Daily Monday-Friday 11:30 AM Provided by the Area Agency on Aging (Suggested donation)