

Hazelwood Healthy Active Living Center

5344 Second Avenue
Pittsburgh, PA 15207
412-422-6549



Eric Schiller-Center Director
Keith and Val-Rec. Leaders
Center Hours: 8-4 Mon-Fri

JULY,

2019

DAILY ACTIVITIES: Wii GAMES, POOL, WALKING CLUB, TABLETS, FANTAN, POKENO

Mon	Tue	Wed	Thu	Fri
1 Walking Club w/ Anita 9am Game Day 2-4pm "Dominoes"	2 VSA "Housing for the Future" 10:30-11:30am Astronomy Club 1-2pm Bingo1-4	3 Walking Club w/ Anita 9am Advosory Council Meeting 11AM	4 CENTER CLOSED	5 "Big Lightning Bingo" 1-4pm *Door Prizes, raffle, auction*
8 Walmart Dollar Tree/ City Van 11-1:30pm	9 Generation Ex Health Check 11am Bingo1-4	10 Ask the Nurse/w UPMC 10-12pm Blood Pressure Screenings 10-12pm	11 SOARS 10-2 Music Appreciation 12:00-1:00	12 Hand Strength 10:30-11:15am Tech Class11-12 Bingo1-4
15 *History of Music: "11:00-12:00 Game Day 2-4pm "Checkers, Tripoley"	16 Nutrition Education 11:30-12:00PM Bingo1-4	17 Gateway Clipper Cruise 1-3pm/OPT	18 Friendly Auction w/ Dorothy 11pm Bingo 1-4pm	19 Bingo1-4pm
22 Walking Club w/ Anita 9am	23 Ice Cream Social w/ State Rep Jake Wheatley 11:45am Bingo1-4	24 National Aviary Tour 11am/City van	25 Birthday Lunch 12-1pm Wii Bowling Tournament 1-3pm/Away	26 Group Chair Exercise 10am Tech Class11-12 Bingo1-4pm
29 Copilot Class w/ Keith & Eric 10:30am Game Day 2-4pm "Dominoes"	30 Squirrel Hill Re- hab Presentation 11:00am Bingo1-4	31 Lunchtime Fishing @ Northside 11:30-1:30/OPT	Wednesday Night "Concert Series" Flagstaff Hill, Schenley Park 7-8pm/OPT	