

HOMEWOOD HEALTHY
ACTIVE LIVING CENTER
7321 Frankstown Ave.
Pittsburg PA.15208
(412) 244-4190



Melinda McCormick/ Director
Myron Pennix/ Rec. Leader 1
Ojutobi Ekunfeo /Rec Leader 1
Deborah Starling /Rec Leader 1



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Homewood (HALC) Funded in Part by ACDHS/AAA</p>	<p>2 BODY WORK 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>3 LINE DANCE 10-12 Ceramics TABLET TIME 9:30 Exploration Painting with Tobi @ 1:00</p>	<p>4 KNIT & CROCHET 10 CCAC Aerobics 10:30-12:00 Ceramics</p>	<p>5 KNIT & CROCHET 10-12 POKENO 9:30 - 11 BINGO 1:00 Ceramics BODY WORK 10:30-11:30</p>	<p>6 CCAC AEROBICS 10:30-12:00 WALMART 11:30 TABLET TIME 9:30</p>	<p>Lunch Served @ Noon .50 cents And Up</p>
	<p>9 BODY WORK 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>10 LINE DANCE 10-12 Ceramics TABLET TIME 9:30 Advisory Council Mtg. 1:00</p>	<p>11 KNIT & CROCHET 10 CCAC Aerobics 10:30-12:00 Ceramics</p>	<p>12 KNIT & CROCHET 10-12 POKENO 9:30 - 11 BINGO 1:00 Ceramics BODY WORK 10:30-11:30</p>	<p>13 CCAC AEROBICS 10:30-12:00 Ceramics TABLET TIME 9:30 TGI Fridays 11:00</p>	<p>HOMEWOOD'S Super Bingo ARKILL 4111 OPEN @ 12:00 TICKETS \$20:00</p>
<p>March 19th Spring Begins</p>	<p>16 BODY WORK 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>17 HAPPY ST. PATRICK'S DAY LINE DANCE 10-12 Ceramics TABLET TIME 9:30 Exploration Painting with Tobi @ 1:00</p>	<p>18 KNIT & CROCHET 10 CCAC Aerobics 10:30-12:00 Crafts w/ Deb "ISOCHOLO HATS" 1:00</p>	<p>19 KNIT & CROCHET 10-12 POKENO 9:30 - 11 BINGO 1:00 Ceramics BODY WORK 10:30-11:30</p>	<p>20 CCAC AEROBICS 10:30-12:00 TABLET TIME 9:30 Michael's & Bella Lunas 11:00</p>	<p>All center Activities & Trips Are Subject to Change</p>
<p>*Street Cleaning is all year round... Remember to move cars accordingly</p>	<p>23 BODY WORK 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>24 LINE DANCE 10-12 Ceramics TABLET TIME 9:30 Exploration Painting with Tobi @ 1:00</p>	<p>25 KNIT & CROCHET 10 CCAC Aerobics 10:30-12:00 Birthday Celebration Crafts w/ Deb "History Quilts" 1:00</p>	<p>26 KNIT & CROCHET 10-12 POKENO 9:30 - 11 BINGO 1:00 Ceramics BODY WORK 10:30-11:30</p>	<p>27 CCAC AEROBICS 10:30-12:00 TABLET TIME 9:30 GOLDEN CORRAL-11:00</p>	<p>UPMC Keith Taylor Women's Health & Wellness 31st. @ 11:00</p>
<p>March 8th Sunday Daylight Saving Time Begin</p>	<p>30 BODY WORK 10:30-11:30 FELLOWSHIP 1-2 LINE DANCE 1-3 Ceramics</p>	<p>31 LINE DANCE 10-12 TABLET TIME 9:30 Exploration Painting with Tobi @ 1:00 Women Health & Wellness—11:00</p>				